



West Ham Church School

With God all things are possible

Key Stage 1

Weekly News Page

Spring 2, Week 4

19th March 2021



Assessment Week - 22nd March

Next week, we will be carrying out assessments in class in English and Maths. These are a usual part of our school practice in the second half of the spring term; but are particularly valuable at the moment. There will be a mix of formal tests and teacher assessments to help us tailor our teaching to support our pupils as we are aware that they have had such a disrupted year.

Please talk to your child about the importance of a good night's sleep and a healthy, substantial breakfast to help them feel energised and ready to try their best.



Year 2:

Squirrels Class ~ Mr. Dickey
Phase Leader

Hedgehogs Class ~ Miss Gilliland

Year 1:

Dragonflies Class ~ Miss Upson

Ladybirds Class ~ Mrs. Baleka

Teaching Assistants

Ms Palmer

Ms Adu-Gyamfi

Ms Nesbit

Ms Chowdhury

Ms Costello



Country of the Week - Pakistan



Last week's 'Country of the Week' entries were fantastic - it was great to read so much information about Ireland. The new country of the week is **Pakistan**. Children should find out information about Pakistan and present it in a really creative and engaging way. There will be time to present their work towards the end of the week. The class who researches the most wins!

After School Clubs

Monday - cooking

Tuesday - art

Wednesday - multi-sports

Thursday - dance

Clubs are to support working parents and will need to be booked and paid for in advance via the school office.

Ready to Learn?

Please speak with your child about the importance of a good night's sleep, and a healthy breakfast, to enable them to do their best at school. We know that getting back into a new routine and dealing with change is tiring - even if the children sometimes deny it!

If you feel that your child is struggling with the transition back to school, please call or email the office and leave a message for their class teacher so that we can work with you to support your child.

How Much Sleep Do I Need?

Newborns to
3 Months



14 to 17 hours

4 to 11
Months



12 to 15 hours

1 to 2 Years



11 to 14 hours

3 to 5 Years



10 to 13 hours

6 to 13 Years



9 to 11 hours

14 to 17 Years



8 to 10 hours

Adults



7 to 9 hours



MATHS

Year 1

This week we have continued to learn about shape. There are lots of ways you can help your child understand geometry - point out and ask your child to name common 2D and 3D shapes. For example, can they name any shapes in the patterns on your curtains, or in their picture books?

Year 2

In Year 2, we have been focusing on exploring the whole and halves of both shapes, objects and mathematical equipment. To consolidate your child's knowledge, they could practise cutting food into equal halves.

WOW

Word of the Week

Imperative

Definition: of vital importance; crucial.

Example: In KS1 we are learning about imperative verbs.

Remember: Make sure you understand the meaning of this word and use it in your writing

Year 1 Spellings

1. June
2. rule
3. rude
4. flute
5. use
6. tube
7. huge
8. cute
9. cube
10. tune

Healthy Me!

In PSHE we have been learning all about being healthy. We have learned about the different types of food groups and what a healthy plate looks like. Ask your children about some of their 'healthy me' learning which includes looking after our minds. We have been discussing how we can look after our mental health.

Homework

We are still encouraging children to use online learning. We are putting children's class homework on Seesaw. It is really good to keep engaging with online homework. If you no longer have a device and need a paper copy, children can ask their teacher for one. Spellings will be sent home weekly as normal to practise writing the words.

Year 2 Spellings

1. word
2. work
3. worm
4. world
5. worth
6. worst
7. war
8. warm
9. towards
10. ward

Physical Education Choice Board

Directions: Choose one or more physical activities to complete.

Stretch with Yoga

Practice balance and focus with some yoga moves, like downward dog, tree pose, or boat pose. Challenge yourself to try some more advanced poses, like crow pose or wild thing pose!



Invent a Game

Invent a game like tag or hopscotch that requires you to be outside and moving around. What are the rules? How many people can play? Teach a friend or family member and have fun!



Keep It Up

Play "Keep It Up" with a balloon, beach ball, or scarf. How long can you keep the item off the ground?



Walk It Out

Get outside with a friend or loved one and go for a walk. Try strolling or speed walking to mix it up.





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Key Stage 1
Celebration Page



This week's Top Ten

1. Levon
2. Jude
3. Adiel
4. Elizabeth
5. Besarta
6. Robert
7. Tomas
8. Isabelle
9. Rihansh
10. Adam

Celebrations!

Congratulations on another successful week of learning.

On this page, we would like to celebrate the children's achievements in school, so parents please do let us know if you are particularly pleased with something your child has achieved at home, we would like to recognise:

- ❖ Good behaviour
- ❖ Excellent attitude to learning
- ❖ Progress
- ❖ High quality work
- ❖ Awards



This week the award goes to

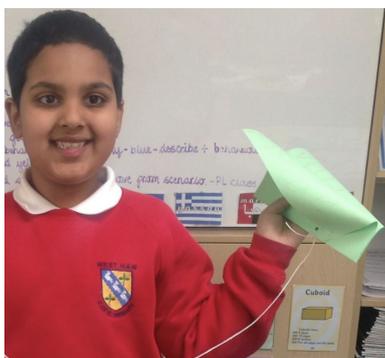
Mario
Year 2

For having a fantastic attitude to learning

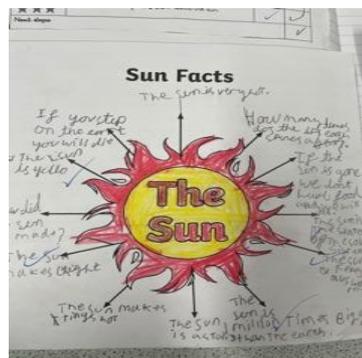


Special mention to

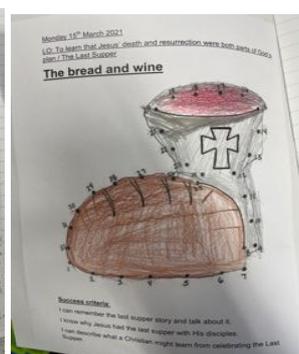
Luqman (Dragonflies)
Shanzay (Ladybirds)
Karina (Hedgehogs)



This week we made kites, to help us with our instruction writing. Encourage your child to explain to you how we made them, step by step, with detailed instructions.



In science we have been learning about the importance of the sun. Children in Year 2 were able to show off how much information they learned.



As it is coming up to Easter we have been learning about 'The Last Supper'. Children drew pictures to represent this.



The best part of making our kites in Year 2 was being able to fly them outside! We were able to identify the types of weather needed to fly a kite and discuss what causes this weather.