



WEST HAM PE CURRICULUM MAP 2020/2021

RECEPTION

	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
	Object Control (Handling Skills)	Object Control (Throwing)	Object Control (Catching)	Object Control (Kicking)	Object Control (Dribbling)	Recap
	Movements (Gymnastics)	Movements (Locomotion)	Movements (Locomotion)	Object Control (Bouncing)	Atheltics	Recap

YEAR 1 AND 2

	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
	Multi Skills (Ball handling)	Sportshall Athletics	Tennis	Cricket	Outdoor Athletics	Skills Recap
	Gymnastics	Football	Dance	Handball	Tag Rugby	Skills Recap

YEAR 3 AND 4

	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
	Football	Sportshall Athletics	Tag Rugby	Netball	Outdoor Athletics	Recap
	Gymnastics	Tag Rugby	Dance	Tennis	Cricket	Recap

YEAR 5 AND 6

	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
	Football	Sportshall Athletics	Tag Rugby	Cricket	Outdoor Athletics	Recap
	Gymnastics	Netball	Dance	Hockey	Tennis	Recap

Clubs

	Monday	Tuesday	Wednesday	Thursday	Friday
Before School					
After School	Year 5/6 Team Football Boys and Girls	Year 1/2 Multi Sports	Year 3/4 Multi Sports	Year 5/6 Multi Sports	